



Monday

5:30PM Aqua Yoga - Sheri

Tuesday

7 AM River Robics - Carolyn

Wednesday

7 AM River Robics - Carolyn

1 PM A Chance to Swim - Adaptive Swim

Thursday

7 AM Deep Water Aqua Robics - Carolyn

Scan for Demonstrations
and Class Descriptions.



***Swim Lessons available for an additional cost throughout the week. For more information, speak with our Aquatics or Guest Services Department*

where *fitness* gets better