



thrive

# EAST GYM SCHEDULE

Updated: May 2024

NOTES:

- Classes in Dark Teal are paid programming
- Please follow posted gym rules
- Activities with no participants will change to open gym

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 am							
6:00 am							
7:00 am		Basketball	Basketball		Basketball		
8:00 am							
9:00 am	Basketball						Basketball
10:00 am							
11:00 am							Volleyball
NOON							
1:00 pm						Basketball	
2:00 pm							Badminton
3:00 pm	Pickleball	Basketball			Under 14 Basketball		
4:00 pm							
5:00 pm		Skyhawks Basketball	Skyhawks Volleyball				
6:00 pm					Basketball		
7:00 pm			Basketball				
8:00 pm							
9:00 pm							
10:00 pm							

\*Open play gym schedule is subject to change based on programming needs\*



thrive

# WEST GYM SCHEDULE

Updated: May 2024

**NOTES:**

- Classes that are labeled as 'Beginner Pickleball Classes' are paid programming
- Please follow posted gym rules
- Activities with no participants will change to open gym

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 am							
6:00 am					Basketball		
7:00 am			Pickleball *drills only*				
8:00 am							
9:00 am	Basketball						
10:00 am						Chair Volleyball	Basketball
11:00 am			*Facilitated Pickleball	Pickleball	*Facilitated Pickleball		
NOON						*Facilitated Pickleball	
1:00 pm							
2:00 pm	Pickleball						Basketball
3:00 pm		Basketball			Basketball	Basketball	
4:00 pm							
5:00 pm							
6:00 pm		Basketball	Badminton	Volleyball	Pickleball	Basketball	Basketball
7:00 pm							
8:00 pm							
9:00 pm							
10:00 pm							

“Open play gym schedule is subject to change based on programming needs”

\*Only for beginner pickleball class participants\*